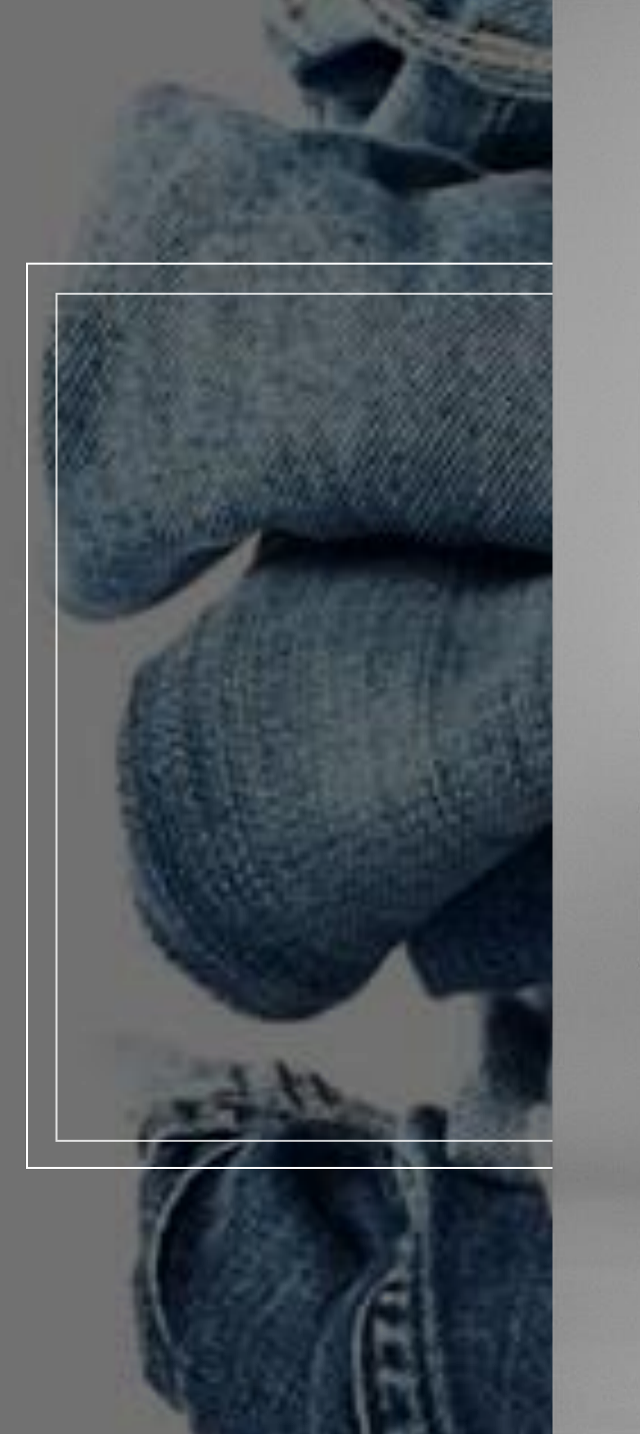
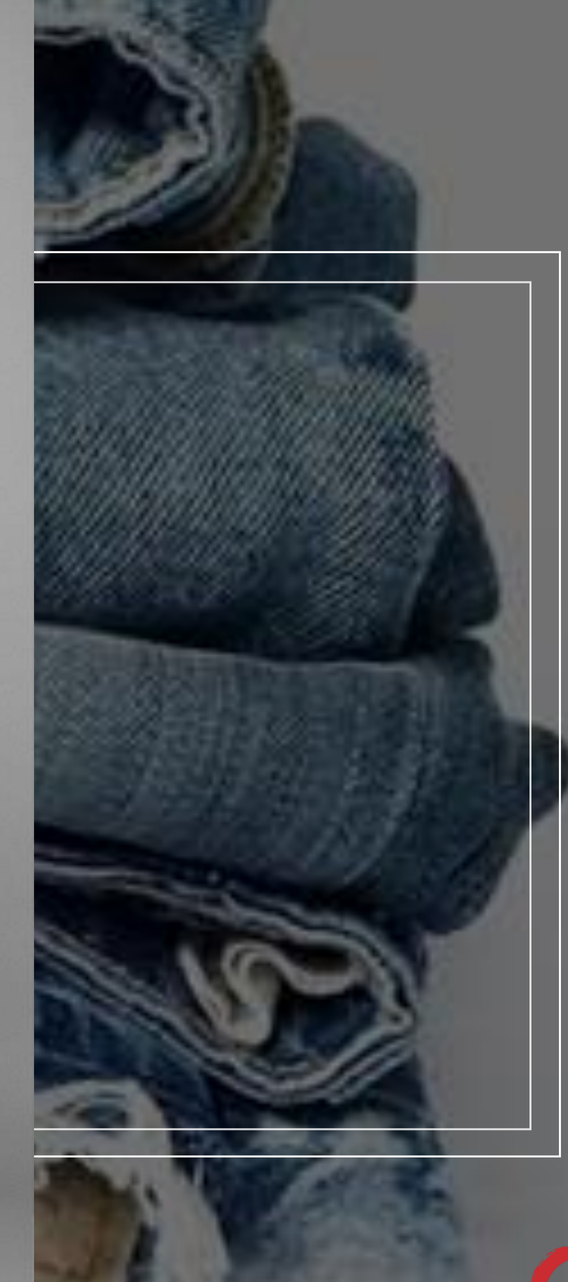



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How to select Jeans for your body shapes?

First thing you need to do to select well-fitting jeans is to know your body type. Categorize your body into the banana shape, apple shape, pear shape and hourglass shape. You would also have to pay attention to your height; whether you are tall, medium or short.



.Body shapes

banana shape

apple shape

pear shape

hourglass shape



Banana shape

. If you're looking for jeans to elongate your look, you will love skinny or straight fits on you. Pick jeans that slightly show the ankles and are high waisted, and you might never want to take them off.



Apple shape

- As opposite to what's known, women with the apple body shape can find a lot of comfortable jeans options because they mostly have long legs.
- For the apple body shape, low rise jeans will make their torso seem longer, but they can also rock mid rise jeans and sometimes even middle hight rise if you want to emphasize your hips.
- Flared and bootcut jeans are also a good choice for this body shape, best worn with high heels and a loose top. You will also love wearing boyfriend jeans and straight legged jeans.



Pear shape

- Most Middle Eastern women fall under the pear body shape. The pear body shape means that you have wide thighs, wide hips and slender shoulders.
- So to compliment the pear body shape, you can wear jeans with a low rise at the front with a contoured waist, to avoid the back gap whenever you try to sit down. It will also add length to your torso.
- You can also wear mid or hight rise waisted jeans in relaxed, straight fits or mom jeans. Flared jeans are also perfect for this body type. Also, boyfriend jeans, boot cut and skinny jeans would be great picks



Hourglass shape

- The hourglass body shape is also very common in the Middle East. Usually, this body shape has. wider hips and shoulders with a slimmer waist.
- For this body type, you could consider a pair of jeans that has a mildly high rise and a contoured waist. Hight rise skinny jeans are a great solution for waist gaps. Straight cuts and boot cuts will highlight your beautiful curves



DENIM CUT

SLIM	SKINNY	BOYFRIEND
Paper bag	MOM	FLARED
BOOTCUT	WIDE	SLOUCHY
DAD FIT	CARGO	Balloon fit



SLIM FIT

- are the slim fit jeans. They have larger leg openings, and they never cling around the ankle. The main difference between skinny and slim jeans is that some models of slim fits have tapered leg design while the skinny jeans are straight



SKINNY

•creating a stunning slimming look while still managing to be comfortable! Skinny jeans hug your figure from the waist to the ankles. For showing off the perfect shape of your legs



BOYFRIEND

- Boyfriend jeans offer a looser, baggy cut, but maintain a snug fit around the waist for a flattering effect.
- They're perfect for women who like to hide their legs, but they look great on any body figure. it is tighter around your hips and loosens down on your legs.



PAPER BAG

- Paper bag waist pants are pants that have a scrunch waist that reminds one of a paper bag . They usually scrunch at the waist and are tied together with a ribbon, belt



MOM

- This style of mom jeans usually consists of a high waist rising above the navel, making the buttocks appear disproportionately longer, larger, and flatter. Mom jeans have excess space in the zipper, crotch and leg areas.



FLARED

- Flare jeans, often called bell-bottoms, is denim that hugs your hips and thighs but gradually widens out from the knees toward the hem.
- The jeans are well tight fitted above the knees so that the flare
- is well visible.





BOOT CUT

- The 60s and 70s style of jeans recently made a comeback in 2017. These jeans suit well for all body types which is always a plus. The biggest plus point is that the wearer's height looks longer than it actually is. These jeans are wider at the bottom giving it a disfigured look and should be paired with high heels for a more distinguished look

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WIDE LEG

- wide leg jeans offer plenty of comfort and style when paired well with a fitted top. Wide legs widen out from the thighs down to the ankles.





SLOUCHY

- This denim pair features a high rise, and slouchy fit relaxed through the leg. Style
- these jeans back with a cropped ribbed tank for that chic 90's aesthetic.
- Features:

High-Rise, Belt Loops, Front Zip Fly, Front Seam Pockets, Back Patch Pockets, Slouch Fit, Relaxed Through Leg, Full Length

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DAD FIT

- The Dad Jean is the ultimate throwback pair. With a slightly- higher-than-midrise waist, straight legs and that relaxed 90s style fit we all love, this pair feels as good as it looks.
- **Features:**

- Slightly Higher Than A Mid-Rise
- Relaxed Style Fit
- Straight Leg Silhouette
- Rigid Fabric
- Full Length



CARGO

- High waist baggy **Cargo** jeans
  for women flap pocket relaxed fit straight wide leg
- loose-fitting casual slacks with large patch pockets on the thighs.



BALLON FIT

.This straight-leg-adjacent cut features a high waist, cropped length, and a billowing effect (hence the “balloon” term).



Thank you, WAEL MUSLEH TRANING MIT CFC

